

## Winford PE Yearly Overview – World Sport Ministries 2022-23

	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>	<b>Term 5</b>	<b>Term 6</b>
<b>Cog R-4</b>	Personal	Cognitive	Social	Creative	Physical	Health+Fitness
<b>Cog 5-6</b>	Cognitive	Creative	Social	Physical	Health+Fitness	Personal

### KS1

#### Real PE

<b>FUNS</b>	Coordination (Footwork) Static Balance (One leg)	Dynamic Balance (On a line) Static Balance (Stance)	Dynamic Balance (Jumping & landing) Static Balance (Seated)	Coordination (Ball Skills) Counter Balance (With a partner)	Coordination (Sending & Receiving) Agility (Reaction & response)	Agility (Ball Chasing) Static Balance (Floor work)
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#### Sports Coach

<b>Sport</b>	Football Netball	Hockey	Dodgeball Benchball	Rounders	Tennis	Athletics
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### Year 3 & 4

#### Real PE

<b>FUNS</b>	Coordination (Footwork) Static Balance (One leg)	Dynamic Balance (On a line) Coordination (Ball Skills)	Dynamic Balance (Jumping & landing) Static Balance (Seated)	Coordination (Sending & Receiving) Counter Balance (With a partner)	Agility (Reaction & response) Static Balance (Floor work)	Agility (Ball Chasing) Static Balance (Stance)
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#### Sports Coach

<b>Sport</b>	Football Netball	Hockey	Dodgeball Benchball	Tennis	Rounders Danish Longball	Athletics
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### Year 5 & 6

#### Real PE

<b>FUNS</b>	Coordination (Ball Skills) Agility (Reaction & response)	Static Balance (Seated) Static Balance (Floor work)	Dynamic Balance (On a line) Counter Balance (With a partner)	Static Balance (One leg) Dynamic Balance (Jumping & landing)	Static Balance (Stance) Coordination (Footwork)	Agility (Ball Chasing) Coordination (Sending & Receiving)
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#### Sports Coach

<b>Sport</b>	Rounders Danish Longball	Hockey	Tennis	Dodgeball Benchball	Football Netball	Athletics
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	<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	<b>Week 5</b>	<b>Week 6</b>
<b>School Value</b>	Courage	Friendship	Respect	Determination	Awareness	Effort